

ServicePoint Self-Sufficiency Matrix

Client Name:					
Date of Self-Sufficiency Assessment:					
Point of Measurement: (Check One)	Initial (Entry)	Interim @ 6 months	Interim @ 12 months	Final (Exit)	Follow up

Instructions:

Complete self-sufficiency assessment by using this form as follows:

- 1) At initial interview or when client enters a program.
- 2) Interim must be completed annually, or at program exit, whichever comes first.
- 3) Can complete a semi-annual Interim, if required by program or agency.
- 4) Must be completed when client leaves or exits the program.
- 5) Follow up can be completed if required by program or agency.

Check the box beside the number that best describes a client's level of self-sufficiency with 5 being the highest level through 1 being the lowest level. Check only one level in each of the 17 areas below:

1. Shelter/Housing

- 1. Homeless or threatened with eviction.
- 2. In transitional, temporary or substandard housing; and/or current rent/mortgage payment is unaffordable.
- 3. In stable housing that is safe but only marginally adequate.
- 4. Household is safe, adequate, subsidized housing.
- 5. Household is safe, adequate, unsubsidized housing.
- 6. N/A

2. Employment

- 1. No Job
- 2. Temporary, part-time or seasonal; inadequate pay; no benefits.
- 3. Employed full-time; inadequate pay; few or no benefits.
- 4. Employed full-time with adequate pay and benefits.
- 5. Maintains permanent employment with adequate income and benefits.
- 6. N/A

3. Income

- 1. No Income
- 2. Inadequate income and/or spontaneous or inappropriate spending.
- 3. Can meet basic needs with subsidy; appropriate spending.
- 4. Can meet basic needs and manage debt without assistance.
- 5. Income is sufficient, well managed; has discretionary income and is able to save.
- 6. N/A

4. Food and Nutrition

- 1. No food or means to prepare it. Relies to a significant degree on other sources of free or low-cost food.
- 2. Household is on food stamps.
- 3. Can meet basic food needs, but require occasional assistance.
- 4. Can meet basic food needs without assistance.
- 5. Can choose to purchase any food household desires.
- 6. N/A

5. Child Care

- 1. Needs childcare, but none is available/accessible and/or child is not eligible.
- 2. Childcare is unreliable, unaffordable; inadequate supervision is a problem for childcare that is available.
- 3. Affordable subsidized childcare is available, but limited.
- 4. Reliable, affordable childcare is available; no need for subsidies.
- 5. Able to select quality childcare of choice.
- 6. N/A

6. Children's Education

- 1. One or more eligible children not enrolled in school.
- 2. One or more eligible children enrolled in school, but not attending classes.
- 3. Enrolled in school, but one or more children only occasionally attending classes.
- 4. Enrolled in school and attending classes most of the time.
- 5. All eligible children enrolled in school and attending on a regular basis.
- 6. N/A

7. Adult Education

- 1. Literacy problems and/or no high school diploma/GED are serious barriers to employment.
- 2. Enrolled in literacy and/or GED program and/or has sufficient command of English to where language is not a barrier to employment.
- 3. Has high school diploma/GED.
- 4. Needs additional education/training to improve employment situation and/or to resolve literacy problems to where they are able to function effectively in society.
- 5. Has completed education/training needed to become employable. No literacy problems.
- 6. N/A

8. Health Care Coverage

- 1. No medical coverage with immediate need.
- 2. No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health.
- 3. Some members (e.g. children) on public health plan.
- 4. All members can get medical care when needed but may strain budget.
- 5. All members are covered by affordable, adequate health insurance.
- 6. N/A

9. Life Skills

- 1. Unable to meet basic needs such as hygiene, food, activities of daily living.
- 2. Can meet a few but not all needs of daily living without assistance.
- 3. Can meet most but not all daily living needs without assistance.
- 4. Able to meet all basic needs of daily living without assistance.
- 5. Able to provide beyond basic needs of daily living for self and family.
- 6. N/A

10. Family Relations

- 1. Lack of necessary support from family or friends; abuse (DV, child) is present or there is child neglect.
- 2. Family/friends may be supportive but lack ability or resources to help; family members do not relate well with one another; potential for abuse or neglect.
- 3. Some support from family/friends; family members acknowledge and seek to change negative behaviors; are learning to communicate and support.
- 4. Strong support from family or friends; household members support each other's efforts.
- 5. Has healthy/expanding support network; household is stable and communication is consistently open.
- 6. N/A

11. Mobility (Transportation)

- 1. No access to transportation, public or private; may have car that is inoperable.
- 2. Transportation is available but unreliable, unpredictable, unaffordable; may have car but no insurance, license, etc.
- 3. Transportation is available and reliable but limited and/or inconvenient; drivers are licensed and minimally insured.
- 4. Transportation is generally accessible to meet basic travel needs.
- 5. Transportation is readily available and affordable; car is adequately insured.
- 6. N/A

12. Community Involvement

- 1. Not applicable due to crisis situation; in "survival" mode.
- 2. Socially isolated and/or no social skills and/or lacks motivation to become involved.
- 3. Lacks knowledge of ways to become involved.
- 4. Some community involvement (advisory group, support group) but has barriers such as transportation, childcare issues.
- 5. Actively involved in community.
- 6. N/A

13. Parenting Skills

- 1. There are safety concerns regarding parenting skills.
- 2. Parenting skills are minimal.
- 3. Parenting skills are apparent but not adequate.
- 4. Parenting skills are adequate.
- 5. Parenting skills are well developed.
- 6. N/A

14. Legal

- 1. Current outstanding tickets or warrants.
- 2. Current charges/trial pending; compliance with probation/parole.
- 3. Fully compliant with probation/parole terms.
- 4. Has successfully completed probation/parole within past 12 months; no new charges filed.
- 5. No active criminal justice involvement in more than 12 months; and/or no felony criminal history.
- 6. N/A

15. Mental Health

- 1. Danger to self or others; recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological problems.
- 2. Recurrent mental health symptoms that may affect behavior but not a danger to self/others; persistent problems with functioning due to mental health symptoms.
- 3. Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health problems.
- 4. Minimal symptoms that are expectable responses to life stressors; only slight impairment in functioning.
- 5. Symptoms are absent or rare; good or superior functioning in wide range of activities; no more than everyday problems or concerns.
- 6. N/A

16. Substance Abuse

- 1. Meets criteria for severe abuse/dependence; resulting problems so severe that institutional living or hospitalization may be necessary.
- 2. Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities.
- 3. Use within last 6 months; evidence of persistent or recurrent social, occupational, emotional or physical problems related to use (such as disruptive behavior or housing problems); problems that have persisted for at least one month.
- 4. Client has used during last 6 months but no evidence of persistent or recurrent social, occupational, emotional, or physical problems related to use; no evidence of recurrent dangerous use.
- 5. No drug use/alcohol abuse in last 6 months.
- 6. N/A

17. Safety

- 1. Home or residence is not safe; immediate level of lethality is extremely high; possible CPS involvement.
- 2. Safety is threatened/temporary protection is available; level of lethality is high.
- 3. Current level of safety is minimally adequate; ongoing safety planning is essential.
- 4. Environment is safe, however future of such is uncertain; safety planning is important.
- 5. Environment is apparently safe and stable.
- 6. N/A

17. Credit

- 1. Bankruptcies/Foreclosures/Evictions.
- 2. Outstanding Judgments/Garnishments.
- 3. Needs a Credit Repair Plan.
- 4. Moderate Budgeting Skills.
- 5. Manageable Budget and Ability to Save.
- 6. N/A